

VEGETARIAN

NOJITO ICE

This refresher is fat-free and is the perfect drink for a warm summer's day.
Pour it into a tall glass and enjoy!

INGREDIENTS

- 1 Herbalife Nutrition LiftOff® Lemon-Lime flavour tablet
- 1 serving (15 ml) of Herbalife Nutrition AloeMax
- 150g ice cubes
- Juice of 1 small lime
- 1 tablespoon mint leaves
- 1 teaspoon honey

Only when prepared as instructed on the product label does our product deliver the full nutrition benefits described on that label.

Do not exceed the recommended daily dose. LiftOff® is a food supplement. Food supplements are intended to supplement the diet and should not be used as a substitute for a varied diet. Store LiftOff® out of reach of young children.

Please check the products labels for full information on the nutritional values.

Herbalife Nutrition LiftOff® contains Vitamin C 80 mg, Thiamin 1.1 mg, Riboflavin 1.4 mg, Niacin 16 mg NE, Vitamin B6 1.4 mg, Vitamin B12 1.0 µg, Biotin 50 µg, Pantothenic acid 6.0 mg, Caffeine 70.5 mg, Inositol 26 mg, Taurine 100 mg, Guarana Extract 45 mg (of which: caffeine 4.5 mg).

If mixed with other products or foods or adjusting the amount of liquid, nutritional values will differ.

METHOD

Serves 1

- 1) Place the tablet in a blender with the AloeMax.
- 2) Allow to dissolve then add in the remaining ingredients and blend well until it's slushy in texture.
- 3) Top into a glass and enjoy with a spoon.

Nutritional Values (1 Serving):

Energy	Fat	Carbs	Fibre	Protein	Sugar
32 kcal	<1 g	6 g	0 g	<1 g	5 g